



Year 8 PSHCE - Including SRE & Drugs Education Lesson Titles 2014 - 2015

Lesson number	Title of lesson	Links to Religious Education curriculum/Culture & Society PSHCE lessons
1	What are you drinking mate?	
2	Alcohol.	
3	Introduction to Drugs Education	
4	Drugs - do you know what they are?	This is looked at in the Culture & Society PSHCE lessons
5	Ways of coping - peer acceptance.	
6	Staying smoke free.	
7	Body image.	Resilient People Module Stereotyping/prejudice & discrimination
8	Eating disorders.	
9	What is love?	Resilient People Module The idea of agape (sacrificial love) is picked up in the module Mother Maria/Holocaust
10	What makes a healthy relationship?	
11	What is sex?	
12	Pressure to have sex.	
13	Introduction to the condom. *	
14	Introduction to STI's.	
15	HIV and AIDS.	
16	Ways in which risk can be minimised.	
17	Review	

- All classes are taught by a specialist member of staff.
- *M.Cooper St. Peters School Nurse to contribute to Lesson 13 - Introduction to the condom.