



COVID-19

Coronavirus

Cleveland Local Resilience Forum

Community messaging

30.03.2020



New policing powers

Cleveland Police continues to take a common sense approach to new regulations designed to help police enforce protection during the coronavirus outbreak.

Under the powers given to police, no-one will be allowed to leave their home "without reasonable excuse" and officers can ensure that people stay at home, avoid non-essential travel, police will be able to order people to go home, leave an area or disperse.

While the new powers mean officers can issue fixed penalties and make arrests, police in Cleveland continue to take an 'educate and persuade' approach using the new legislation as a last resort for non-compliance.

Within the past two days Cleveland Police has issued eight fixed penalty notices

Community Safety Chief Inspector Scott Cowie today reiterated the message that people must adhere to the new regulations in order to protect the NHS and save lives.

Chief Superintendent Thom Mcloughlin, Head of Local Policing, said: "Whilst we now have the powers to enforce protection in order to help save lives and protect our NHS, policing by consent is at the heart of our public service. We will continue to encourage and support our communities to comply with the restrictions, but it's right

that our officers are now able to enforce against those who disregard these measures and put others at risk.

“We are urging people to adhere to the government’s guidelines and not to make unnecessary journeys. Where people are going out to exercise, they should do this in the local vicinity of their home and not travel across the county.”

Anyone with any questions about this or any other Coronavirus related issue is directed to the Gov.uk website

NHS identified vulnerable people

The NHS have sent over 1.5million letters to the most vulnerable people in our society. If you have received a letter it is because if you catch the virus, you are seriously at risk. This is called Shielding.

You may have received the letter because you may either have had an organ transplant, been or are being treated for a specific cancer, have a severe respiratory condition or on an immunosuppression therapy.

If you have received a letter, you must remain at home for a minimum of 12 weeks. However, you will be supported during this time.

There is a dedicated website and a phone number for your use and during this period, the NHS will deliver food parcels, with all your prescriptions. These are FREE.

The parcels will be left on your doorstep, so you will not need to have physical contact with anybody.

Home is the safest place for you. Staying in helps you stay well and helps the NHS.

If you are unsure of anything, please visit

<https://www.gov.uk/coronavirus-extremely-vulnerable>

Or call 0800 028 8327

In summary, visits from people who provide essential support to you such as healthcare, personal support with your daily needs or social care should continue, but carers and care workers must stay away if they have any of the symptoms of coronavirus (COVID-19)

You must adhere to the following guidelines for your own health and wellbeing;

1. **Strictly avoid contact** with someone who is displaying symptoms of coronavirus (COVID-19). These symptoms include high temperature and/or new and continuous cough.
2. **Do not leave your house.**

3. **Do not attend any gatherings.** This includes gatherings of friends and families in private spaces, for example, family homes, weddings and religious services.
4. **Do not go out for shopping,** leisure or travel and, when arranging additional food or medication deliveries, these should be left at the door to minimise contact.
5. **Keep in touch** using remote technology such as phone, internet, and social media.

The UK Government has launched a GOV.UK Coronavirus Information service on WhatsApp

The new free to use service aims to provide official, trustworthy and timely information and advice about coronavirus (COVID-19), and will further reduce the burden on NHS services. This will help combat the spread of coronavirus misinformation in the UK, as well as helping ensure people stay home, protect the NHS and save lives.

To use the free GOV.UK [Coronavirus Information Service](#) on WhatsApp, simply add 07860 064422 in your phone contacts and then message the word 'hi' in a WhatsApp message to get started.

Helpful support numbers and advice services concerning domestic abuse and sexual violence

Cleveland Police and the Police and Crime Commissioner for Cleveland want to reassure those affected by domestic abuse that they continue to make them a priority and understand the unique fears they may have during these unprecedented times.

To report abuse or violence call 101 and in an emergency call 999. If you've called 999 but cannot speak you can cough or dial 55 once the call is connected and operators are trained to know this means you need assistance. Do not simply stay silent. The following advice and support lines may also be helpful.

Victim Care and Advice Service (victims of crime)

Opening times: 9am - 5pm, Monday – Friday

Tel: 0303 040 1099

Email: info@vcas.uk

Web: <http://victimcareandadviceservice.uk/>

My Sisters Place (domestic abuse)

Tel: 01642 241864

Email: hello@mysistersplace.co.uk

Web: <https://www.mysistersplace.org.uk/>

Harbour Support Services (domestic abuse)

Tel: 03000 20 25 25 (24 hours)

Email: info@myharbour.org.uk

Web: <https://www.myharbour.org.uk/>

Foundation (domestic abuse)

Tel: 0113 3030150

Email: central@foundationuk.org

Web: <https://www.foundationuk.org/team/foundation-redcar/>

Sexual Assault Referral Centre (SARC) Teesside (sexual violence)

Tel: 0333 344 8283

Email: info@sarc-support.uk

Web: <https://www.sarcteesside.co.uk/>

Arch North East (sexual violence)

Tel: 01642 822331

Email: support@archnortheast.org

Web: <https://www.archnortheast.org/>

EVA Women's Aid (domestic abuse and sexual violence)

Tel: 01642 490677

Email: info@eva.org.uk

Web: <https://evawomensaid.org.uk/>

The Halo Project (honour-based violence, forced marriage and female genital mutilation)

Tel: 01642 683 045

Email: info@haloproject.org.uk

Web: <https://www.haloproject.org.uk/>

A Way Out (exploitation)

Tel: 01642 655071

Email: info@awayout.co.uk

Web: <https://www.awayout.co.uk/>



**Click here to access the latest
Coronavirus advice from the **NHS****