

# St Gerard's RC Primary School

## PROTOCOL FOR PE – JANUARY 2016

PE is an important subject and the school aims to provide each child from Reception to year 6 with two hours of quality PE tuition each week. The school will also continue to provide opportunities for representative and social sporting activities in addition to this curriculum entitlement.

### PE KIT

Children from Reception to year 6 are required to wear the kit specified below. Wearing the correct kit is important for issues of health and safety, school identity and avoidance of bullying.

#### Indoor PE Kit

- Plain white t-shirt or polo shirt;
- Navy blue or black loose fitting shorts;
- Plimsolls or training shoes - these should be a different pair from their school shoes (for dance and gymnastic activities pupils will have bare feet)

#### Outdoor PE Kit

- Plain white t-shirt or polo shirt;
- Navy blue or black loose fitting shorts;
- Navy blue or black tracksuit bottoms;
- Navy blue or black tracksuit top or sweatshirt without a hood;
- Training shoes - these should be a different pair from their school shoes

#### Swimming Kit:

- Girls: Swimsuit - no bikinis
- Boys: Trunks - no long shorts
- Goggles may be used with written permission from parent/guardian

#### LONG HAIR

Pupils with long hair must have it tied back during PE activities. Pupils should bring a bobble or tie to do this. When swimming, pupils may wear a swimming cap if preferred.

#### PLEASE ENSURE ALL YOUR CHILD'S CLOTHES ARE MARKED WITH THEIR NAME

#### JEWELLERY:

All jewellery, including earrings and watches, must be removed before the start of any PE activity either in lessons or before/after school. It is the child's responsibility to remove their own earrings and to look after them. Staff can not remove earrings or replace them back into a child's ear. Please ensure you remove your child's earrings on PE day if they are unable to remove their own.

#### PUPIL'S NOT WEARING CORRECT KIT

The school will always work with parents & carers to resolve any issues and this will be dealt with by the class teacher in the first instance. In persistent cases the school will invite parents & carers into school to discuss the problem with the class teacher.

#### MISSING PE LESSONS

PE is part of the National Curriculum and as such it is a legal requirement for all pupils to take part in PE lessons. Parents are required to contact the school in order for pupils to be excused from PE lessons if they are unwell.

Pupils without the correct PE kit will be unable to take part in the physical part of any PE lesson.

When children are not taking part in the physical aspect of a lesson they still have an entitlement to be taught. This may involve a pupil completing observations and making notes about the performance of others or completing other tasks linked to the lesson.