

Hadrian School

Relationships and Sex Education (RSE) Policy

Statutory Requirements

Government consultation on draft guidance concerning new Relationships and Sex Education (RSE) opened in July 2018 and closed in November 2018. As of February 2019 the results of the consultation have not been published. Under the proposals all primary pupils will study compulsory health education as well as new reformed relationships education.

Sex education is not compulsory in primary schools. The national curriculum for science includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals. The DfE recommends that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils and that the transition phase before moving to secondary school supports pupils' ongoing emotional and physical development effectively.

The draft guidance is expected to become compulsory from September 2020 with supporting resources available to schools from September 2019.

What is Relationships and Sex Education (RSE)?

RSE is learning about positive relationships, with particular reference to emotional development, friendships, family relationships, online relationships, relationships with other peers and adults, emotional, social and physical aspects of growing up and being safe. At Hadrian School our RSE programme gives children essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline. It also helps our pupils to develop awareness of their bodies, their feelings and their physical and emotional development. It provides them with opportunities to develop their self-esteem and approach the experiences of growing up with confidence and understanding.

Principles of High Quality Relationships and Sex Education at Hadrian School

RSE at Hadrian School takes into account the developmental differences of all our pupils and their individual needs. At Hadrian School we ensure that RSE is accessible for all pupils. We do this through highly personalised and differentiated teaching that meets the needs of all our pupils including those on a therapeutic, sensory curriculum, those on a semi-formal curriculum and those engaged in subject-specific learning.

In all cases, personalised teaching is the result of a partnership between home, school and multidisciplinary professionals. It is informed by each child's individual needs as set out in their EHCP. At Hadrian School RSE is complimented by The Thrive Approach and aims to empower our pupils to build positive relationships with peers and adults and support their emotional development. At Hadrian School RSE is inclusive of difference: gender identity, sexual orientation, disability, ethnicity, faith or belief. RSE contributes to a positive environment for learning, safeguarding, and the promotion of our pupils' emotional health and wellbeing.

Policy: Relationships and Sex Education Policy

Date: February 2019



Hadrian School, Bertram Crescent, Newcastle upon Tyne, NE15 6PY, Telephone 0191 2734440
Websites - School: www.hadrian.newcastle.sch.uk HEADS: www.headstraining.co.uk



Delivery of Relationships and Sex Education

RSE is taught within the personal, social and health education (PSHE) curriculum. Biological aspects of RSE are taught within the science curriculum.

Pupils will be supported with the following knowledge and understanding:

- Learning about positive, enjoyable, respectful relationships, with particular reference to friendships, family relationships, online relationships and relationships with other peers and adults
- Who the people are who can support them
- The emotional, social and physical aspects of growing up
- Staying safe both on and offline
- Learning about their bodies and physical development
- Learning about puberty before they experience the onset of physical changes
- Developing an understanding of their well-being, feelings and emotional development
- Developing a vocabulary for talking about their own and others bodies.

Pupils will be supported with developing the following skills:

- Demonstrating the values of respect, love and care
- Communication, including how to manage changing relationships and emotions
- Assertiveness
- Seeking help and support when required
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Identifying their feelings and developing strategies for managing dysregulation
- Managing conflict
- Developing positive self-esteem and the ability to approach the experiences of growing up with confidence and understanding
- Learning to recognise and avoid inappropriate and uncomfortable situations

RSE is delivered by class teachers and class support staff, however our outside agencies such as community nurses are available to provide our year 6 pupils with additional support.

For our cohort of pupils with Profound and Multiple Learning Difficulties (PMLD) appropriate and relevant aspects of RSE will be accessed through a child-centred and holistic curriculum informed by each child's individual needs as set out in their EHCP. This is highly individual but will likely include the development of positive relationships, communication skills and confidence and enjoyment through Intensive Interaction, a bespoke sensory and therapeutic curriculum and the Thrive Approach.

Parents and Carers Right to Withdraw

Hadrian School recognises that parents and carers are key figures in helping their children to cope with the emotional and physical aspects of relationships and growing up. Parents are encouraged to support the School's RSE programme.

Parents have the right to withdraw their child from sex education, other than those parts included in the statutory science curriculum. Parents and carers are informed of the content of RSE and are given the opportunity to give or refuse their permission for their children to participate in the non-statutory / non-science components. Requests for withdrawal should be put in writing and addressed to the head teacher. A copy of withdrawal requests will be placed in the pupil's educational record. The head teacher will discuss the request with parents and take appropriate action. Alternative work will be given to pupils who are withdrawn from sex education.

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Confidentiality and Safeguarding

If a member of staff has child protection concerns or hears a disclosure then they have a duty to pass this on to the Designated Safeguarding Leads in school and follow procedures set out in the school's Child Protection Policy.

Monitoring and Evaluation of Relationships and Sex Education

It is the responsibility of the School Leadership Team to oversee and organise the monitoring and evaluation of RSE in the context of the overall school's plans for monitoring the quality of teaching and learning. The Governing Body is responsible for overseeing, reviewing and organising the revision of the RSE Policy.

Confirmation that the Relationships and Sex Education Policy in respect of Hadrian School has been discussed by the Governing Body.

Signed by:

Chair of Governors: _____

Date: _____

Head Teacher: _____

Date: _____

Agreed at the Governing Body Meeting on: _____

Minute Reference: _____

