

## Characteristics of rational recreation

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### Learning Objectives:

- ▶ To be able to articulate what the characteristics of rational recreation were

### Success Criteria:

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- ▶ **List** the characteristics of rational recreation & state which socio-cultural factor it best relates to.
  - ▶ **Apply** the characteristics to a certain sport
  - ▶ **Compare** the characteristics of rational recreation with those of popular recreation
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### Socio-cultural factors so far;

- ▶ Industrial revolution
- ▶ Urbanisation
- ▶ The transport revolution
- ▶ Communications
- ▶ The influence of the church
- ▶ Emergence of the middle classes
- ▶ The British Empire
- ▶ Public provision
- ▶ National Governing Bodies

Let's  
Recap

## Characteristics of rational recreation:

- ▶ The socio-cultural factors that we've looked at all played their part in shaping sport in the 19<sup>th</sup> century. This phase was known as rational recreation.
- ▶ The characteristics of this phase then are;



1. P
2. R
3. R
4. R
5. G
6. I
7. I
8. P
9. A

**TASKS:**

*Match the characteristics to the main socio-cultural factor that influenced their development*

Characteristic	Socio-cultural factor
<b>Regional – national – international</b>	Improved transport (e.g. railways)

*Compare the characteristics of rational recreation with popular recreation*

Popular recreation	Rational recreation
<b>Regional – national – international</b>	Local

*Trace the development of your chosen sport by applying both the characteristics of popular recreation & rational recreation to it.*

***Football, Tennis or Athletics***

