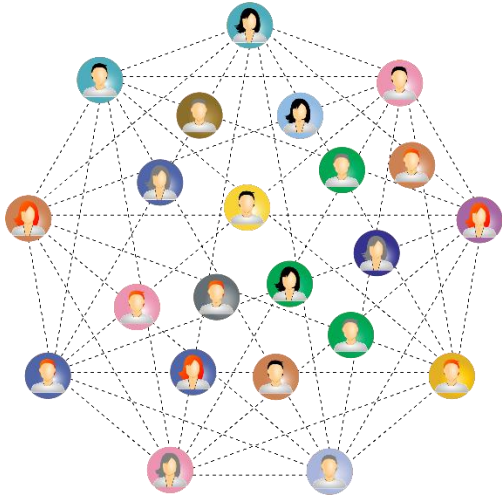


# Staying Connected



## DETAILS

Length: 3 Hours

Location: Court Fields School

Date: 6<sup>th</sup> Feb 2020

Time: 5.30pm – 8.30pm

THIS IS A FREE WORKSHOP THAT HAS BEEN FULLY FUNDED BY SOMERSET LEARNING AND SKILLS

Our Staying Connected workshop is for PARENTS/CAREERS/STAFF and will focus on connections and relationships: what these are, who we connect and/or have relationships with, the importance of social connections, and how we stay connected to our young people that we either life or work with. In relation to young people we will focus on boundaries, how we model and maintain positive relationships and adapting to changes around us. This will support individuals to have a greater understanding of human development; improve their relationship building; be able to build and maintain positive relationships; improve communication; improve their confidence and self-worth; support parents/staff/careers to become better equipped to support and encourage their children's learning and improve their mental health.

If you are interested in taking part in this workshop then please email Mrs Westwood [sch.552@educ.somerset.gov.uk](mailto:sch.552@educ.somerset.gov.uk)

