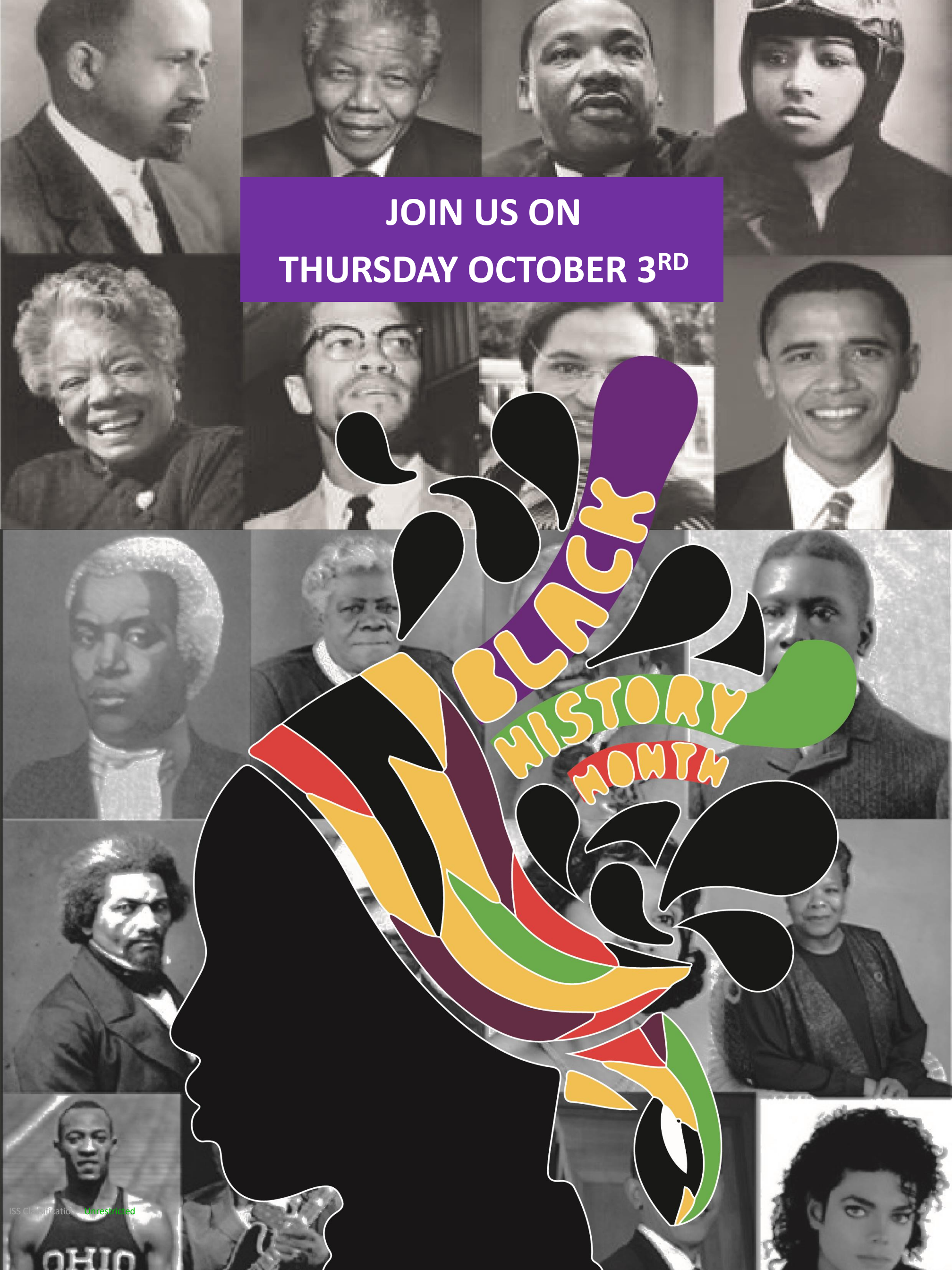


JOIN US ON  
THURSDAY OCTOBER 3<sup>RD</sup>



# Black History Month



## **Caribbean Brown Chicken Stew**

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## **Vegetable & Chickpea Jambalaya**

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## **Rice & Peas or Plain Rice**

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## **Vegetable Medley**

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## **Frosted Banana Cake**



Feeding Hungry Minds