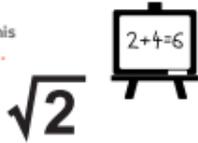


There are 740 points on offer. Email me when you have reached 100! sburman@langtreeschool.com

	Points	Complete	Verification: parent
- Write a letter to a local care home to help cheer up the elderly people who may not have many visitors at this point, then post it	10		
Watch one of the TED TALKS and summarise your learning	10		
Read an article from a newspaper and rank order 5 facts from the most important to the least important	10		
Identify 20 facts you don't know. Write the question on one side and the answer on the other - get someone to test you.	10		
Schedule your exercise routine and follow it for a week	10		
Use an opening line generator online (https://writingexercises.co.uk/firstlinegenerator.php) and continue writing the story you imagine based on it	10		
Read a nonfiction article about a topic of your choice online. Summarise what you have read into six points and then rank these in order of importance	10		
Write an email to a family member, friend or a teacher! Let us know what you have been doing this week	10		
Re - read one of your literature set texts; have you a clear understanding of the ideas.	20		
Spend 30 minutes learning 10 physics equations - do the same for chemistry.	20		
<p>Explain how to make mass the subject of this equation: $KE = \frac{1}{2}mv^2$.</p> 	20		
Use BBC bitesize to research how vaccines work - explain this to your parents	20		
Summarise a chemistry topic on one sheet of paper	20		
Summarise a biology topic on one piece of paper	20		
Summarise a physics topic on one sheet of paper	20		

	Points	Complete	Verification: parent
Look at the stars and the moon one clear night- can you identify any constellations?	20		
Compare and contrast photosynthesis and respiration	10		
Choose one of the first 20 elements in the periodic table. Write down 15 things about this element from the periodic table (Hint: use the atomic and mass numbers to help)	20		
Make a revision video on a science topic you have found difficult - share it with your science teacher to see if it is correct.	10		
Explain how to find the distance and acceleration from a velocity time graph	20		
Explain how to find the gradient of a straight line, and the gradient at a point on a curved line	20		
Robert Myles, an actor, has co-ordinated professional and amateur actors to perform Shakespeare's plays in the order they are believed to have been written. Follow him on YouTube and watch various videos of the plays as they are performed. The first one will be Thursday 19th March – The Two Gentlemen of Verona.	20		
If you don't already know how to, learn to play Sudoku. If you do, select a higher difficulty rating and challenge yourself to improve! You can use various websites, such as: https://sudoku.com	10		
Explore the English timeline on the British Library website: https://www.bl.uk/englishtimeline . Identify ten things that you didn't know before that you found interesting.	20		
Create a pudding out of no more than three ingredients.	20		
Go to the Museum of London website and choose a topic. Identify ten things that you didn't know before.	20		
Create a small card/note for everyone who lives in your house. Tell them three things you like and appreciate about them and one thing you enjoy doing with them around the house, or would like to do more of.	20		
List at least ten things that you are grateful for during this time. Remember, some things we may take for granted at times, but really recognise now. Do this everyday to keep positive thoughts in your mind.	10		

	Points	Complete	Verification: parent
Make a playlist of your favourite music to help keep you feeling upbeat. Share this with friends online and ask them to do the same.	10		
Create a picnic for your family to have on the floor with the windows open. Make sure there are no screens and that you enjoy each other's company in the fresh air. If you have a garden, you could do this outside! You could even invite friends/family to join via Skype/FaceTime.	20		
Make homemade pizza with any leftovers in the fridge. Get creative: you could make your own dough, add leftovers to a plain frozen pizza or use a slice of toast, tomato purée/passata and any toppings you can find.	10		
Create a time-capsule envelope or shoe box to remember this time. You could include a news article from the time and a diary notebook of your experiences.	20		
Get in touch with three people to ask how they're doing and to share ideas for keeping upbeat. You could do this via phone, video call, text or email. Don't forget that people you know elsewhere in the country or world will be in a similar situation, and may be feeling the same as you.	20		
Start writing a story, then share it with someone at home, or a friend via email, and ask them to continue it and send it back. Read what they have done and then continue it - send it back and repeat!	20		
Offer to do a job around the house that someone else normally does to give them a break.	10		
Choose a story you know (any story – from a film, book or even a fairytale). Pick a character from the story to write an 'alternative' narrative for. For example, the real story of the 'big, bad wolf'.	20		
Write to the local hospital thanking them for all the work they do. Find the address and post it.	20		
Read to someone - a younger sibling or a relative may appreciate it - over the phone or via video call.	10		
If you don't already know how, learn to juggle. You will need a different method once you move from three to four – watch videos on YouTube to help you!	10		
	Points	Complete	Verification: parent

Every morning, research positive news and text family and friends to share what you've found to help spread positivity.	10		
Often, we leave photos and memories on our phones. Use this time to create an online photobook or zipped folder of all your memories. Message your friends and family with photos that they may like to see as well.	10		
Do you really need all those friends in your phone! Spend time sorting that out. I have 6 friends- that's it!	10		
Set up a book club with friends or family online. Create a list of books you like the sound of and then pick one to read and discuss together.	20		
Research the contents of your A level course on a college website; get the reading list and start reading	20		
TOTAL	680		