

STARS RECOVERY WALK

30th August

**SOUTH
SHIELDS
AMPHITHEATRE**

Come and join
the **STARS**
Recovery Walk
from South Shields
Amphitheatre
to Souter Lighthouse.

**BE
INSPIRED**

**Friday 30th August 2019
at 9.30am**

**6 MILE
WALK**

The walk begins at 9.30am.
Please remember to bring
appropriate footwear.
Refreshments will be provided.

Everyone is welcome! Let your
STARS worker know if you would
like to attend this walk.

**SOUTER
LIGHT-
HOUSE**

South Tyneside
Adult Recovery Service

come and join us!

www.stadultrecoveryservice.co.uk