

Information regarding COVID-19

Future Academies' highest priority is the wellbeing of its pupils, staff and wider communities.

We are following the Government and Public Health England's advice on managing the COVID-19 virus and are closely monitoring the situation. Please read the following guidance on COVID-19:

1. Symptoms

If you have symptoms of COVID-19, however mild, please stay at home and do not leave your house for 7 days from when your symptoms started. You do not need to call NHS111 to go into self-isolation. If your symptoms persist past 7 days you should contact NHS 111 online at 111.nhs.uk. COVID-19 symptoms include:

- a. a high temperature
- b. a new, continuous cough

2. Prevention

To avoid catching or spreading the virus, Public Health England has suggested the following:

- a. Wash your hands with soap and water often – do this for at least 20 seconds
- b. Always wash your hands when you get home or into work
- c. Use hand sanitiser gel if soap and water are not available
- d. Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- e. Put used tissues in the bin immediately and wash your hands afterwards
- f. Try to avoid close contact with people who are unwell
- g. [Watch the NHS handwashing song for children](#)

3. Self-isolation

It is very important that you stay at home whilst you have COVID-19. This will help to protect your friends, colleagues and the wider community and will help control the spread of the virus.

4. Potential School Closure

We are closely monitoring the government advice and will update our communities as quickly as possible should anything change. *If* the Government advises schools should close, we will notify all students, parents and staff via text message and letter in addition to updating the academy website.

5. Further information

The Department for Education has set up a helpline offering guidance for anyone with education related questions - from early years up to universities, plus parents. Contact 0800 046 8687 or email DfE.coronavirushelpline@education.gov.uk. [You can find the latest guidance from the Government here.](#)