

Sex and Relationships Education (SRE)

Personal, Social, Health Education curriculum is vitally important to the overall development of children and at Whitefield Primary School we pride ourselves on delivering a quality PSHE curriculum.

In line with DfE guidelines, every year, each child will complete a unit of work which is part of the Personal, Social, Health Education Curriculum and is based on 'Relationships'. This is known as Sex and Relationships Education. The Curriculum is outlined below and is entirely age appropriate at every stage. The topics develop as children move through the school. It has been agreed by Governors in accordance with National recommendations.

The content to be delivered will be as follows:

Year Group	Topic	Content
Reception	Our lives	<ul style="list-style-type: none">• Our day• Keeping ourselves clean• Families
Year 1	Growing and caring for ourselves	<ul style="list-style-type: none">• Keeping clean• Growing and changing• Families and care
Year 2	Differences	<ul style="list-style-type: none">• Differences: Boys and girls• Differences: Male and female• Naming the body parts
Year 3	Valuing difference and keeping safe	<ul style="list-style-type: none">• Differences: Male and female• Personal space• Family differences
Year 4	Growing up	<ul style="list-style-type: none">• Growing and changing• What is puberty?• Puberty changes
Year 5	Puberty	<ul style="list-style-type: none">• Talking about puberty• Male and female changes• Puberty and Hygiene
Year 6	Puberty, Relationships and Reproduction	<ul style="list-style-type: none">• Puberty and reproduction• Understanding relationships• Conception and pregnancy• Communication in relationships.

Parents will be informed before children begin this unit of work. In addition, the parents of children in Key Stage 2 will also be invited to attend a short meeting to ask further questions and look at resources.

If you have any questions regarding this content, please make an appointment with a member of staff.

Many thanks,

Mrs Curbishley

PSHE Co-ordinator