

Graham James Primary Academy



Child friendly Anti-Bullying Policy



Several Times On Purpose

What is bullying?



At Graham James Primary Academy, a bully is someone who hurts someone more than once, by using behaviour which is meant to hurt, frighten or upset another person.

Types of bullying:

PHYSICAL – Punching, kicking, spitting, slapping, pushing, hitting

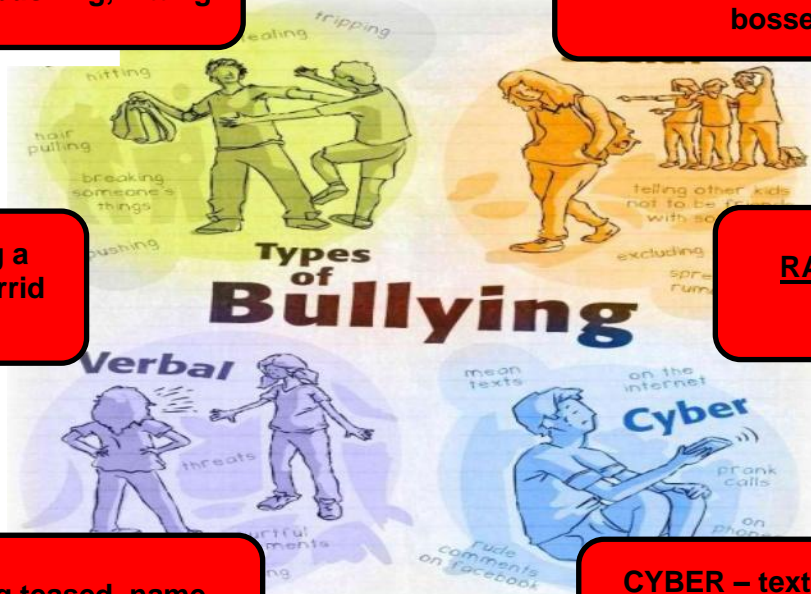
EMOTIONAL – Hurting people's feelings, leaving people out, being bossed about

3rd Person – sending a friend to be nasty/ horrid messages

RACIST – Calling you racist names

VERBAL – Being teased, name calling, hand signs/ gestures

CYBER – text messages, emails, social media, online games consoles (e.g. Xbox)



When is it bullying?

Several Times On Purpose

At Graham James Primary Academy, we say...



BULLYING IS NOT...

- When friends fall out.
- When children argue or have a disagreement.
- Accidents.

What to do if you are bullied:

DO:



- Ask them to STOP (if you can)
- Ignore them
- Use eye contact and say 'GO AWAY'
- Walk away
- Remember – it's not your fault!
- **TELL SOMEONE!!!!**

DON'T:



- Do what they say
- Get angry or upset
- Hit them or fight them
- Think it's your fault
- Keep it to yourself
- Take it personally

Teachers
care 

What our school does to respond to bullying:

- We listen to the child and offer support
- We work together with families to find solutions
- **THERE ARE CONSEQUENCES FOR BULLYING BEHAVIOUR!**

What should I do if I see someone being bullied?



- If it is safe, go up to the bully and tell them to **STOP!**
- Tell an adult
- Don't act like nothing is happening – Take action!
- Be a good friend.

