

St Aloysius Federation School

March 2018

St Aloysius PSHE Policy

RATIONALE

‘For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.’(Jeremiah 29:11)

At St Aloysius we encourage all children to learn, enquire and grow in a safe and inclusive environment. PSHE supports our mission statement, *‘I have come that you may have life and have it to the full’*, it is underpinned by Catholic values including, respect, compassion, acceptance and forgiveness.

Personal, social, health and economic education (PSHE) helps to give pupils the knowledge, skills, attitudes and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens.

At St.Aloysius PSHE is at the heart of every school day and holds an integral part of the whole curriculum. We believe that the promotion of health and wellbeing, managing feelings and relationships, respect and support of our community and modern British values will make vital tools for our pupil’s development in later life. We take very seriously the responsibility that schools have to provide a broad and balanced curriculum, which is tailored to the needs of each cohort.

DEFINITION - PSHE PERSONAL, SOCIAL HEALTH AND ECONOMIC EDUCATION

‘PSHE is a planned programme of learning opportunities and experiences that help children and young people grow and develop as individuals and as members of families and communities. It helps to equip them with knowledge, understanding and practical skills, appropriate to their age and maturity, in order to live healthy, safe, fulfilled and responsible lives. PSHE also enables children and young people to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future. In short, PSHE makes a significant contribution to children and young people’s personal, spiritual, moral, social and cultural development and the ability to understand and reflect upon British values, such as inclusion, acceptance and honesty. ‘

National PSHE CPD Programme, 2015, Babcock 4S & University of Roehampton

THE AIMS AND OBJECTIVES OF PSHE EDUCATION IN THE CURRICULUM

To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. Pupils learn to understand and

respect our common humanity; diversity and differences so that they can appreciate empowering values and go on to form the effective, fulfilling relationships that are an essential part of life and learning.

OBJECTIVES/PUPIL LEARNING OUTCOMES

The PSHE programme will support the development of the skills, attitudes, values and patterns of behaviour, which enable pupils to:

- Develop their sense of self worth
- Develop the ability to reflect upon situations and circumstances
- Assess risk and possible consequences
- Value and respect themselves and others
- Form and maintain positive healthy relationships
- Develop self confidence and self-esteem, and make informed choices regarding personal and social issues.
- Develop understanding and tolerance.
- Communicate effectively
- Play a positive role in contributing to the life of the school and the wider community
- Work with others effectively
- Respond positively to challenge and appropriately manage feelings of anxiety
- Be an active partner in their own learning
- Develop positive attitudes to health and encourage the development of healthy life choices
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

We work closely with the parish to form strong community links. Throughout the year children carry out fundraising activities to promote awareness of the needs of others both locally and nationally. We want our children to take a responsible role in society, this includes developing the children's awareness of their personal safety and the process by which they can seek help and information as well as learning the behaviour expected of them. As a Catholic school we develop a respect for God

and each other in accordance with the ethos of the school community and the teaching of the Gospel.

TEACHING AND LEARNING

PSHE curriculum focuses on three core themes, Health and Wellbeing, Relationships and Living in the wider world. We follow objectives outlined by the PSHE association and activities are planned according to the levels and needs of the children. We take into account prior learning, knowledge and skills already gained. A range of teaching strategies and learning styles are used in delivering PSHE. These may include:

- Circle time activities and class discussions.
- Role-play and drama.
- Visits and visitors when appropriate
- Class teaching and group work
- Individual work

The assessment of PSHE will take place through teacher assessment marking when a discrete session has taken place and will be headed with clear learning objectives taken from the PSHE Association curriculum. Teacher will use their knowledge of the children to complete 'day –to – day' assessment of PSHE.

THE ORGANISATION OF PSHE WITHIN THE SCHOOL

At St Aloysius PSHE is delivered within a whole school approach, PSHE is an on going philosophy at St Aloysius and is proactively led to prioritise and address mental health and wellbeing. PSHE lessons help to embed the school aims, values, behaviour, and safeguarding principles. PSHE is integral to every school day and outside of the main curriculum the following add value to children's PSHE within the wider school context:

Teaching through and in other subjects

Educational visits

Residential experiences

Sports teams and activities

School council

Invited visitors

Mentoring

Buddying

Work with vulnerable students

Whole school events

Pastoral care and guidance on a daily basis as questions and incidents arise

Questions asked by pupils will be answered in a way that is appropriate to their age, maturity, understanding and need. Correct vocabulary for terms will generally be used during PSHE lessons, in line with all other curriculum subjects. Often questions will be addressed to the whole class, but should the need arise questions may be answered on an individual or small group basis. Professional judgement will be applied here; this will support the school safeguarding policy and school will liaise with the pupil's family appropriately.

PARENT/CARER INVOLVEMENT

The school believes that it is important to have the support of parents/carers and the wider community for the PSHE/Citizenship curriculum. Parents/carers are provided with opportunities to find out about and discuss the schools' programme through

- Parent/carer curriculum subject events
- Parent/carer workshops
- Information leaflets/displays
- The school website
- The school newsletter
- Special events

THE USE OF EXTERNAL CONTRIBUTORS

External Contributors, e.g. Governors, school nurses, community police, fire officers, local experts, parents, local and/or national charities, and PSHE based production groups can make a valuable contribution to the PSHE/Citizenship programme. Their input is carefully planned and monitored so as to fit into and complement the programme. External contributors are used where this adds 'additional' value to that of a school member of teaching staff. Teachers are always be present during these sessions and remain responsible for the delivery of the PSHE/Citizenship programme, safeguarding and ensuring that PSHE ground rules are in place. PSHE/Citizenship lessons and circle times will involve a high level of interaction where each pupil has planned opportunities for learning through:

- The effective use of PSHE Ground Rules
- The development of a trusting relationship between the teacher and the pupils
- Collaborative work
- Opportunities for reflection

- Challenge within a safe environment
- Respect for each genuinely made contribution
- Negotiation

LINKS WITH OTHER POLICIES

This policy relates to all other policy documents concerning the curriculum and should be read in conjunction with the school's policies on:

- Relationships and Sex Education Policy
- Safeguarding and Child Protection Policy
- Anti-bullying Policy
- Behaviour Policy
- Physical Activity Policy
- E-safety Policy