



## Aspect 1

### General Sound Discrimination – Environmental Sounds

#### Listening walk

This is a listening activity that can take place indoors or outdoors.

Remind your children about the things that good listeners do (e.g. keep quiet, have ears and eyes ready). Invite the children to show you how good they are at listening and talk about why listening carefully is important. Encourage the children to listen attentively to the sounds around them. Talk about the different sounds they can hear. The children could use 'cupped ears' or make big ears on headbands to wear as they go on the listening walk. After your child has enjoyed a listening walk indoors or outdoors, make a list of all the sounds they can remember. The list can be in words or pictures and prompted by replaying sounds recorded on the walk.



#### Drum outdoors (or indoors)

Beware this can become noisy!

Give your child a wooden stick e.g. a wooden spoon. Encourage your child to explore an area and discover how different sounds are made by tapping or stroking, with their beaters, a wooden door, a wire fence, a metal slide, and a few items such as pipes and upturned pots you have 'planted'.

Ask your child which is their favourite sound? Can they make it louder or quieter.

