



Supporting parent carers & their families



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SIBS Group

SIBS Group provides support for children and young people with a brother or sister who is disabled or have special needs.

SIBS is a monthly group, meetings are held at Kaleidoscope according to age:

8 to 12 years old:
From 4.30 to 6.00 pm

13 to 16 years old:
From 6.15 to 7.45pm

The group is there to give children and young people a chance to:

- Meet other children / young people in similar circumstances
- Have fun, play games, be creative with art and craft activities
- Have a group specially for them

- Share how they feel about their situation
- Someone to talk to about any problem they may be having

Although SIBS group only offer places to children and young people between 8 and 16 years old, older siblings will be supported on an individual basis regarding specific issues.

SIBS Group works on a waiting list system so please contact Kaleidoscope for more information on how to access and be part of it.

Action for Children
Kaleidoscope Project
Dunstall Street
Scunthorpe
DN15 6JZ

Tel: 01724 277766
Fax: 01724 277755

Email:
nek@actionforchildren.org.uk

as long as it takes

Resource Library

Finding out your child has a disability or medical condition can be difficult and bewildering.

Parents of disabled children need support information and advice.

At Kaleidoscope we not only have staff who can offer support and advice but a resource library with internet access. The resource library has a comprehensive catalogue of books, videos, DVD's and relevant articles which can be borrowed by both registered parents and professionals.

The resource library can offer books on a wide range of condition/issues for both parents, the disabled child or a sibling. We have articles available on a wide range of disabled issues such as:

Autism, deafness, ADHD, Down's Syndrome, Asperger's Syndrome, etc.

In addition we also have an internet ready computer for parents to use to access further information from the internet at their leisure.

The room is located in the Kaleidoscope building and available to parents during the opening hours of the centre:

Mon – Thu from 9.0am to 5.0pm
Fri from 9.0am to 4.30pm

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Sleep support

For many families the lack of sleep can cause a great deal of stress

Kaleidoscope can offer:

- Support of a trained sleep practitioner
- Sleep workshops – to help understand the importance of 'sleep hygiene'
- 1:1 support for more complex difficulties

What families have said:-

"I can't believe the difference this workshop has made to our family"

"We quickly realised we were expecting our son to sleep for too long - we don't have the long battles any more"

For more information contact

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