



St Anne's School

Personal Social and Health Education Policy

This PSHE Policy has been written by the PSHE co-ordinator in consultation with Staff, Governors and Head teacher at St. Anne's.

School Philosophy

St Anne's aims to develop children as responsible and caring members of the school and wider community within a Christian environment. We aim to help children to develop values of mutual understanding and respect of others, to develop responsible attitudes in order to lead confident, healthy and independent lives and to form quality relationships.

At St Anne's we believe that the personal development of pupils is an important aspect in developing children's ability to learn and achieve. As a Church of England School, we believe that by facilitating the educational, social, emotional, aesthetic, spiritual and moral development of each child we are helping to give children as many opportunities as possible for achievement and personal fulfilment in later life.

St Anne's recognises and supports the contribution PSHE makes to the National Healthy Schools scheme. We aim to encourage children to lead a healthy lifestyle and to make healthy choices.

Aims

- To give children knowledge, skills and understanding of a healthy living, in order to develop attitudes and practices which enable them to lead confident, healthy and independent lives.
- To enable children to make informed choices and so as to develop as active and responsible citizens.
- To enable children to contribute to the life of the school and wider community by encouraging children to take part in a wide range of activities.
- To make pupils feel valued as individuals who can make positive contributions to school and community life and to encourage pupils to recognise their own worth.
- To help children understand how they are developing personally and socially and to enable them to tackle many of the spiritual, moral, social and cultural issues that are part of growing up.
- To enable children to form quality relationships which are effective and fulfilling and to develop values of mutual understanding and respect of others.
- To provide opportunities to learn about different aspects of Citizenship, PSHE and Road Safety through workshops and theatre shows provided by Wandsworth.

Components of Personal Social and Health Education

There is a Scheme of Work called '3D PSHE' from Foundation Stage to Year 6. This incorporates the British Values, Radicalisation and Extremism, SRE and Drug Education and also Citizenship. The scheme of work provides each year group with a structured approach to PSHE provision however teachers are encouraged to make cross curricular links to the PSHE National Curriculum whenever appropriate. Classes hold Circle Times regularly and these are recorded by each class teacher.

We also have a Travel Plan which is a part of the PSHE provision in school. Road Safety workshops are held annually for each Phase in school and we hold 2 Walk to School Weeks every year. Road Safety is also part of the SoW.

Workshops and Theatre shows are provided as and when they are available for the children to support the objectives of the PSHE policy.

Learning Objectives

During the Foundation Stage children will be working towards the early learning goals using the Development Matters guidelines for Personal, Social and Emotional Development.

By the end of Key Stage 1, pupils should, with regards to:

Personal Development

- Talk about feelings and opinions and explain their views.
- Recognise what they like/dislike, what is fair and unfair and what is right and wrong.
- Learn from their experiences, recognise what they are good at and set simple goals.
- Have begun to develop the qualities underpinned by SEAL - self awareness, managing feelings, motivation, empathy and social skills

Health and Safety

- Learn basic skills for keeping themselves healthy and how to maintain personal hygiene.
- Learn the names of the main body parts.
- Understand how some diseases are spread and how they are controlled.
- Understand that medicines and household products can be dangerous if not used properly.
- Learn about ways of keeping safe in the environment e.g. road safety, stranger danger etc.
- To understand about Road Safety to encourage children to be safe on the streets.

Relationships

- Develop social skills, supported by the SEAL programme, in order to develop relationships e.g. sharing turn-taking etc.
- Recognise how their behaviour affects others and to develop awareness of other people's feelings.
- Respect and understand similarities and differences between people.

Active Citizenship

- Take responsibility for themselves and the environment.
- Take an active part in the life of the school and the immediate environment.
- To celebrate their contribution as a good citizen within the school community

By the end of Key Stage 2, pupils should, with regards to:

Personal Development

- Learn about themselves as growing and changing and prepare for changes both physically and in term of changing environment, e.g. school journey, moving to secondary school etc.
- Be able to evaluate their progress and set targets towards which they can work.
- Have continued to develop the qualities underpinned by SEAL - self awareness, managing feelings, motivation, empathy and social skills

Health and Safety

- Learn about how to sustain a healthy lifestyle and the effects of exercise and diet on health.
- Learn about diseases and how they can be spread and controlled.
- Learn about medicines, including legal and illegal drugs.
- Learn about reproduction.
- To understand about Road Safety and to be safe on the streets.

Relationships

- Develop their own relationships with others and have an awareness of different types of relationships e.g. friends, families, marriages etc.
- Develop further awareness of how their actions affect themselves and others, in order to develop sensitive and caring attitudes.
- To develop confidence to resist bullying and pressure to do wrong.
- To recognise risks and how to behave responsibly.

Active Citizenship

- To develop a sense of social and moral responsibility through debating issues, resolving differences and taking part in democratic processes.
- To make informed choices.
- To play a larger part in school and community activities.
- To celebrate their contribution as a good citizen within the school community.

Opportunities for Teaching and Learning

- 30 minutes per week allocated for PSHE activities, circle-time activities, discussion, debate etc.
- Teachers will plan according to their pupils needs using TA support to involve all children in teaching and learning.
- Cross curricular teaching of PSHE, linking where possible the Health and Safety aspects to the Science Programme of Study and incorporating PSHE in the Speaking and Listening dimension of the new Primary Strategy Framework
- Discussion and agreement of class/school charters
- Recognising achievements e.g. merit assemblies, presentation day etc
- Team Points to be used as a reward throughout school, including lunchtimes.
- Home-school agreement
- School Council
- Making choices e.g. class activities, lunchtimes and playtimes, ICT activities
- Visits from outside speakers, theatre groups etc.
- Prefect and monitors
- Assemblies and school performances

- School journey and other trips
- Extra- curricular activities
- Healthy School Co-ordinator / Teachers will attend training as and when this occurs to help improve practice and to keep up to date with the available resources for teaching and learning

Opportunities for Assessment for Learning

- Teachers at St Anne's are aware of the end of Key Stage standards and consider these in their planning and execution of PSHE lessons.
- Teachers will continue to develop the role of SEAL in the provision of PSHE and will evaluate lessons according to the outcomes as suggested by the SEAL programme.
- Teachers will keep a record of Circle Times delivered in class and these will be monitored alongside cross curricular units by the Healthy Schools Co-ordinator.

Links with other policies and documents

Curriculum Guidance for the Foundation Stage

Sex and Relationships Education (SRE) Policy

National Curriculum Non Statutory Guidelines

Science Policy

RE Policy

Southwark Diocesan Board's Sex Education Guidelines

Drugs Policy

Anti Bullying Policy

Schemes of work '3D PSHE'

Resources See audit

Monitoring the Policy- Implementation and Review

The PSHE Co-ordinator will monitor the implementation and review of the policy.

Date Policy Agreed: October 2016

Date to be Reviewed: October 2019